

**Food Distribution Program on Indian Reservations (FDPIR)
Food Distribution Program Nutrition Education (FDPNE) Grants
Summary of Projects funded in FY 2012**

MIDWESTERN REGION

Lac du Flambeau Band of Superior Chippewa Indians, \$39,950

This organization will provide food demonstrations and food preparation classes for 100 FDPIR participants. The creation of lesson plans and handouts will enhance the activities and ensure the delivery of key nutrition education information.

Leech Lake Band of Ojibwe, \$45,703

The project goal is to encourage FDPIR participants to eat more fruits and vegetables. Activities include launching a “Grow Your Own Vegetables” initiative at 14 remote villages on the reservation, adding nutrition education information to the Food Distribution Certification process, and conducting a nutrition education media campaign.

Menominee Indian Tribe of Wisconsin, \$45,860

The Menominee Indian Tribe will collaborate with the University of Wisconsin-Extension Menominee County to provide healthy cooking classes, recipes, and nutrition education handouts to FDPIR eligible participants.

Red Cliff Band of Lake Superior Chippewa Indians Food Distribution Program for the Midwest Nutrition Advisory Committee, \$93,907

This consortium of 23 Indian Tribal Organizations focuses on health promotion activities that help FDPIR participants establish habits promoted by the most current release of the Dietary Guidelines for Americans. Projects funded for FY 2012 include the development of a culturally relevant calendar and nutrition guide for FY 2013, providing MyPlate nutrition information, and issuing vegetable seed packets imprinted with the MyPlate icon to FDPIR eligible families.

MOUNTAIN PLAINS REGION

Chippewa Cree Tribe of the Rocky Boy's Reservation, \$85,805

The Chippewa Cree received funds to support the “Make half your plate fruits and vegetables” recommendation promoted by the Dietary Guidelines for Americans, 2010. Youth garden tenders and volunteers will attend gardening education courses taught in the Cree language. They will apply the skills learned to plant six community gardens. The organization will also offer canning preservation and nutrition education classes to FDPIR participants.

Confederated Salish and Kootenai Tribes, \$78,738

This project is a collaborative effort between the Confederated Salish and Kootenai Tribes FDPIR, the Montana State University Extension Service, and the Extension Program at the Salish Kootenai College. Activities focus on increasing fruit and vegetable consumption and physical activity education. Initiatives include expanding community gardens, developing a new youth garden, and providing healthy cooking and nutrition education classes to youth attending summer camps.

Oglala Sioux Tribe for the Mountain Plains Nutrition Advisory Committee, 95,768

This committee promotes nutrition and physical education initiatives for FDPIR programs in the Mountain Plains region. The committee will offer cooking and nutrition education classes to summer camp youth at five reservations. The “Fuel up to Play 60” program will train summer campers to encourage middle school students to make positive nutrition and physical activity lifestyle changes.

SOUTHWEST REGION**Cheyenne and Arapaho Food Distribution Program, \$41,786**

This organization will encourage participants to increase fruits and vegetables in their diet by teaching them the benefits of growing their own produce and encouraging them to establish their own greenhouses.

Chickasaw Nation, \$115,021

The Chickasaw Nation will complete their "Recipes Wrapped in Love" project in FY 2012. The project has created recipe toolkits that include recipes, menus, shopping lists, and snack ideas. The final additions to the kit are 10 new recipes featuring USDA fruits and vegetables offered to participants of FDPIR.

Seminole Nation of Oklahoma, \$17,749

The project will be use child friendly recipes from USDA Web sites and family recipes to conduct weekly food demonstrations that highlight the use of fruits and vegetables. Staff will videotape the sessions and produce DVDs for distribution to FDPIR participants.

Zuni Tribe of the Zuni Indian Reservation, \$18,489

This project will provide nutrition education sessions and food demonstrations that feature fruits and vegetables.

WESTERN REGION**Alaska Native Tribal Health Consortium, \$62,500**

The Alaska Native Tribal Health Consortium is partnering with the University of Alaska Fairbanks Cooperative Extension Program, the State of Alaska Health and Social Services Division of Public Health, and the Alaska Food Policy Council to produce and distribute Webisodes that teach participants to ‘Make half your plate fruits and vegetables’. The Webisodes will be uploaded to various social media Web sites. FDPIR program sites at 19 locations will receive video versions suitable for showing to participants on food distribution days.

Lummi Indian Business Council, \$79,931

The Lummi Indian Business Council will promote the Dietary Guidelines for Americans, 2010 goal to ‘Make half your plate fruits and vegetables’ by conducting food demonstrations at various community events, distributing nutrition education materials, and planting community gardens.

Quechan Indian Tribe Food Distribution Department, \$10,812

The Quechan Nutrition Education Project will consist of fruit and vegetable food preparation classes that will familiarize program participants with the USDA Foods offered in the FDPIR food package.

Sherwood Valley Food Program, \$36,711

This project will encourage FDPIR participants to increase their intake of fruits and vegetables and increase daily physical activity. They will provide food and physical activity demonstrations, and food gathering activities at four sites. They will also continue their work to encourage eight organizations served by FDPIR to adopt formal policy on healthy foods and physical activity.

South Puget Intertribal Planning Agency, \$41,108

The focus of the project is to help FDPIR participants adhere to two Dietary Guidelines for Americans, 2010 recommendations: 'Make half your plate fruits and vegetables', and 'Switch to fat-free or low-fat milk products'. Activities include monthly food demonstrations, monthly distribution of recipe cards, and publishing articles in the organization's quarterly newsletter.